

The Formentera Office of Tourism is pleased to announce that on Tuesday 21 June, model and yogi **Verónica Blume** will be on the island to help us celebrate International Yoga Day.

To mark the special day, the Consell de Formentera and Puro Bienestar have revived a one of a kind master class in **La Savina port** with Blume, an international leading light in the profession.

The United Nations has chosen this date to build awareness around the benefits of yoga, a holistic wellness discipline which engages the body in an integral, harmonious and balanced way while respecting natural cycles.

"The Way Back to You" promises to be a special, intimate and very personal exercise. There will be a consciousness-oriented master class in yoga, which organisers hope will push attendees to start, remember or resume that path that leads back to themselves.

**The class is scheduled for 8.00pm, June 21, on the patio of the Fishermen's Guild [*Confraria de Pescadors*] in La Savina.**

This event is charitable and tuned for sustainability, so proceeds will go to preserving posidonia seagrass. Registration costs **€25**. Space is limited and mats will be provided, but participants should bring warm clothing for the final relaxation exercise.

Click [here](#) to sign up.

*1 June 2022*  
*Communications Office*  
*Consell de Formentera*



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DA

INTERNACIONAL

del

Yoga

de

FORMENTERA

VERÓNICA BLUME

CLASES MAESTRAL DE YOGA AL SOL/POUT

El camino del recuerdo a tu

respiración y al silencio

21 JUNY 2022

20.00 H

 Remota de Can Fornells del

Recuerdo, al paso del Sol Oeste

(Formentera)

INFORMACIÓ I INSCRIPCIÓ:

[www.formentera.es](#)

INICIA. RECORDA I SENT EL CAMÍ QUE ET PORTA A TU...

Unidad de Gestión de



Formentera

Para facilitar a



Formentera

Colaboran



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