

From this week the Formentera Office of Sport invites youth aged 12 to 17 to take part in two new classes —“flow dance” and “hit”— at the Antoni Blanc sports centre.

Flow dance classes are built around contemporary choreographies and take place Tuesdays and Thursdays from 5.45pm to 6.45pm. Hit classes, meanwhile, are geared toward offering participants functional training and are held Mondays, Wednesdays and Fridays from 6.15pm to 6.45pm.

The first session is for trial purposes only, but participants must still reserve a spot to attend. To register, call 971 32 12 40 or send an email to poliesportiu@conselldeformentera.cat .

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Communications Office
Consell de Formentera