The Formentera Office of Culture is pleased to announce that from 7.30pm on Thursday 10 March, author Miren Jaurne's *La Venus que rompió el espejo* will be presented at Marià Villangómez Library. Jaurne and library coordinator Lilian Heinrichs will be on hand at the presentation, where two signed copies of *La Venus...* 

will be raffled among attendees. This presentation is part of the International Women's Day programme.

Miren Jaurne (Madrid, 1983) grew up in Madrid in the nineties. Her childhood and adolescence were marked by fatphobia and bullying in a society that celebrated thin bodies. Passionate about reading, writing and storytelling, Jaurne obtained a diploma in film and television scriptwriting at the Instituto de Cinema de Madrid (ICM) and soon after launched a YouTube channel giving voice to those who, like her, did not fit with the canons of modern society. What emerged *–La Venus que rompió el espejo–* was Jaurne's first book and one which starts with harassment, eating disorders and self-harm before arriving at acceptance and creating one's own platform to communicate this message of respect for others and, above all, oneself.

In this book, the author looks back at her darkest moments and shows us that judging a person on physical appearance, or giving others the power to do so, is not an option. We must not be ashamed of ourselves and a timely "Get lost!" can save us from falling into a spiral of self-destruction. The person who writes the book today is a woman who has overcome her fears and has unhesitatingly joined the fight to stop bullying.

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