

This Friday, lifeguards at ses Illetes beach engaged in a simulated rescue exercise involving a swimmer faced with insufficient oxygen supply and subsequent cardiac failure.

As per rescue service protocol, a crew member stationed at the lifeguard tower notified a nearby patrol craft which came to the aid of the ailing swimmer. The lifeguards transported the individual from the water to the shoreline and, switching out the play victim for a dummy, practiced reanimation tasks.

Professional development

The simulation is part of the ongoing training that lifeguards on the rescue service receive. One goal of such exercises is to gauge response time in various emergency situations and put into practice a range of assistance and care techniques.

On Thursday local lifeguards attended an eight-hour training session led by representatives of the Emergency Staff company, the objective being to update and integrate some of the crew's most central tasks, like basic first aid for injuries, contusions and bleeding as well as how to immobilise victims and practise cardiopulmonary reanimation.

Full personnel

Today through September 15 the service will maintain its complete 23-person crew of lifeguards. For the second half of September the staff shrinks to 15 and through October numbers only 10.

This season lifeguard towers have been erected at two local beaches, es Caló and Cala Saona. The service has bolstered its rescue fleet and expanded its reach with the addition of a jet ski, not to mention accelerated inter-station communication with the purchase of 15 walkie-talkies. Six defibrillators have been added to the service's arsenal as well, helping lifeguards provide assistance in cases of cardiorespiratory failure.