

The Formentera Office of Social Welfare is pleased to announce plans for nine new lectures as part of the 'Talks for families and teachers' (Xerrades per a famílies i docents) which turns four this year. Talks run from October to May and are supported by the Teachers' Resource Centre (Centre de Professorat) and local parents' associations.

Led by José Ruiz Sánchez, a doctor of philosophy, speaker and the author of such books as "El arte de pensar", the first of the talks will offer tips to helping children become critical thinkers. The talk will be held on 21 October at 5.00pm in the Consell de Formentera Sala de Plens, located next to the Day Centre.

Councillor Ramírez highlighted his pleasure at being able to deliver an entirely face-to-face programme, insisting that the resulting "space for learning and exchanging ideas and experiences" was "ideal for preventing the development of problematic behaviour and providing support to families and teachers on the island in their respective tasks".

### **Programme 'Talks for families and teachers'**

- 21 October:** "Helping our children become critical thinkers", José Carlos Ruiz.
- 11 November:** "Intentional eating. The art of being present at the table", Lydia Micó.
- 25 November:** "With positive education, everyone wins", Cristina Torres.
- 20 January:** "Teens today. Love and educate them when they need it most", Jaume Funes.
- 10 February:** "The Internet and pornography, what do we do as families", Lluís Ballester.
- 10 March:** "What if my son or daughter uses drugs?", Alicia Bustos.
- 31 March:** "How to raise kids not to endure or inflict violence", Marina Marroquí.
- 7 April:** "Supporting children and families through loss and grief", Belén Calafell.
- 5 May:** "Emotional education for families and teachers", Raül Genovés.

All sessions will start at 5.00pm in the Consell de Formentera Sala de Plens. Daycare will be provided. Children must wear masks and health and safety measures in force will be upheld. Interested parties should reserve their spot in advance by emailing [educaciosocial@conselldeformentera.cat](mailto:educaciosocial@conselldeformentera.cat) or by calling 971 321 271.

18 October 2021  
Communications Office  
Consell de Formentera

**XERRADES PER A FAMÍLIES I DOCENTS**

COM POTENCIAR L'ESPERT CRÍTIC DEL MEU FILL O FILLA. Jose Carlos Ruiz. 21/10/2021

ALIMENTACIÓ CONSCIENT, L'ART D'ESTAR PRESENT MENTRE MENGES. Lydia Mico. 11/11/2021

QUAN EDUCAM EN POSITIU, TOTS HI GUANYAM! Cristina Torres. 25/11/2021

ELS ADOLESCENTS AVUI. ESTIMAR-LOS I EDUCAR-LOS QUAN MÉS HO NECESSITEM. Jaume Pines. 20/01/2022

XARXES I PORNOGRAFIA. QUÈ FEIM COM A FAMÍLIES? Lluís Ballester. 10/02/2022

I SI EL MEU FILL O FILLA CONSUMEIX DROGUES? Alicia Bustos. 10/03/2022

COM EDUCAR ELS MEUS FILLS I FILLES PER EVITAR QUE PATEIXIN O EXERCIXIN VIOLENCIA? Mireia Marroquí. 31/03/2022

ACOMPANYAMENT ALS PROCESSOS DE PÈRDUA I DOL EN INFANTS I LES SEVES FAMÍLIES. Belén Calafell. 7/04/2022

EDUCACIÓ EMOCIONAL PER A FAMÍLIES I DOCENTS. Ràul Genovés. 5/05/2022

Totes les xerrades seran a les 17 hores a la sala de plens (al costat del Centre de dia).

Cal reservar assistència al telèfon 971 321 271 o al correu [educaciosocial@conselldeformentera.cat](mailto:educaciosocial@conselldeformentera.cat).

Hi ha servei d'acollida per a infants a partir de 3 anys.

Tots els menors han de portar mascareta. S'aplicaran les mesures sanitàries vigents en el moment de l'activitat.

Organitzat:  Consell Insular de Formentera

Col·labora:  Centre de Rehabilitació de Formentera

