

The Formentera Council's offices of tourism and sport will lend support to the tenth Formentera to Run, a run in which participants traverse the island in multiple stages, covering a total of 60 kilometres.

Formentera to Run

The competition, whose distinct legs vary in length from 9 to 21.1K, kicks off Monday, May 28, and continues to Saturday, June 2. Participants can choose between two modalities—traditional race, and, for participants keen on a more relaxing tour of the island, Nordic walking.

Race winners will be determined based on combined total time across the individual stages. Every runner who completes the race will receive a medal for participation.

Formentera TRAIL 21.1

For the last five years, Formentera to Run's crowning event has been Formentera Trail 21.1. The tradition continues on Saturday (June 2) and participating runners can opt to have their times considered separately or as part of an overall score.

The demanding circuit offers up a 420-metre ascent and takes runners on a path that crosses la Mola from the lighthouse before descending camí de s'Estufador to Migjorn beach. From there, runners make their way back to la Mola via the Camí Romà towards their final destination, the lighthouse.

Formentera's spring of sport

Formentera to Run joins a brimming calendar of sports fixtures (Far a Far footrace, the half marathon and the "Marnaton" among them) that is aimed at showcasing Formentera as a low-season destination for travellers and fitness fans as well as promoting active lifestyles among islanders.